

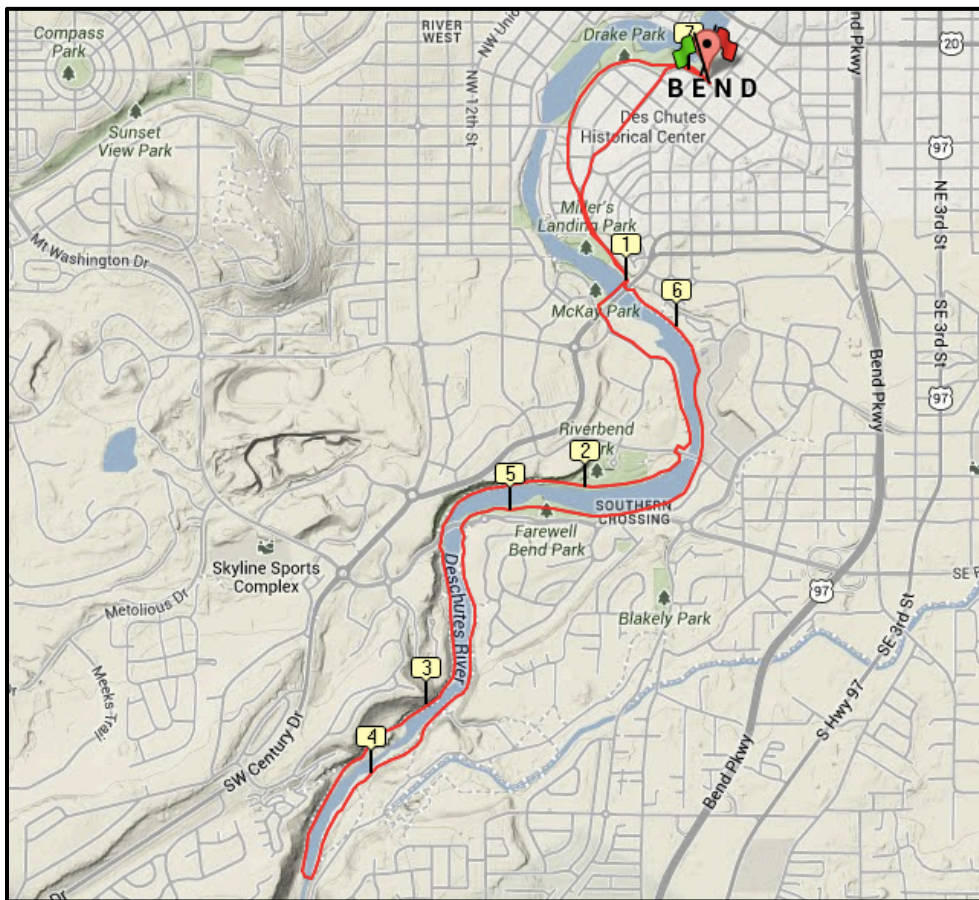
Route: Footzone Noon Run

Distance: 7 miles

Difficulty: Easy - Good footing, minimum elevation gain

Surface: Mixed - Road, paved path, wide dirt trail, singletrack

Uses: Bikes and Pedestrians. Pedestrian only on Mt Bachelor Village section.



Route Directions:

Starting from Downtown Bend run west through Drake Park. Cross Tumalo Rd and continue on Riverside Ave to beginning of paved path at Miller's Landing Park. Cross Colorado Ave Dam bridge to Shevlin-Hixon Dr. Follow Deschutes River Trail paved path around Les Schwab Amphitheater and through Riverbend Park. Paved path will turn to dirt River Trail. Remain on River Trail and follow signage to pedestrian bridge. Cross over bridge and continue back along river following the River Trail. Trail will turn back to paved path at Farewell Bend Park. Follow paved path through The Old Mill District. Path will turn back to dirt, cross under Colorado Ave Bridge undercrossing. Run on Riverside Ave then turn Right onto Congress Ave. Return to Downtown Bend on Congress Ave.

Trail Description:

The Footzone Noon Run Route follows the Deschutes River Trail as it winds its way south from Downtown through Drake Park, the Old Mill District, and several parks to the South Canyon Bridge. The trail is a paved path through most of the urban area and turns to a wide dirt trail south of the Old Mill on the West side of the river. The trail on the east side is a tighter singletrack dirt trail from the South Canyon Bridge to Farewell Bend Park where it turns back to a paved path. The South Canyon section of the River Trail is a favorite of locals and tourists alike because of its accessibility to the urban area, wildlife viewing, and beautiful scenery so close to town. The trail is highly used and during summer weekends can become very crowded.